

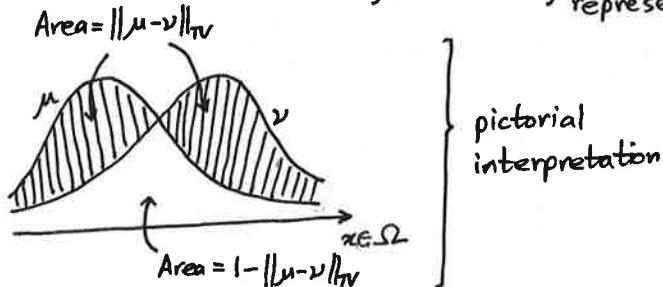
INTRODUCTION TO MARKOV MIXING:

 Anuran Makur
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- ① Review: [Ch. 4 of "Markov Chains and Mixing Times" by Peres et al.]

- Total Variation Distance: Ω - finite alphabet, P - simplex of pmfs on Ω

$$\begin{aligned}
 \forall \mu, \nu \in P, \quad \|\mu - \nu\|_{TV} &\triangleq \max_{A \subseteq \Omega} |\mu(A) - \nu(A)| \\
 &= \frac{1}{2} \|\mu - \nu\|_1 \quad \left. \right\} l_1\text{-norm characterization} \\
 &= \sum_{\substack{x \in \Omega: \\ \mu(x) \geq \nu(x)}} \mu(x) - \nu(x) \\
 &= \frac{1}{2} \max_{\substack{f: \Omega \rightarrow \mathbb{R} \\ \|f\|_\infty \leq 1}} \left[\mathbb{E}_\mu[f] - \mathbb{E}_\nu[f] \right] \quad \left. \right\} \begin{array}{l} \text{variational / functional} \\ \text{characterization} \\ \text{- analogous to dual representation} \end{array} \\
 &= \min_{(X,Y) \text{ coupling of } \mu \text{ and } \nu} \left. \right\} \begin{array}{l} \text{optimal} \\ \text{coupling} \\ \text{representation} \end{array} \\
 &\quad \left. \right\} \text{of } 1\text{-Wasserstein distance, where} \\
 &\quad \text{the constraint is } \text{Lip}(f) \leq 1.
 \end{aligned}$$



- Convergence Thm: Given irreducible and aperiodic MC P with stationary pmf π , $\exists \alpha(0,1)$ and $C > 0$ s.t. $\max_{x \in \Omega} \|P^t(x, \cdot) - \pi\|_{TV} \leq C \alpha^t$.
- Remark: Two important proofs due to Doeblin \rightarrow minorization [Ch. 4], \rightarrow coupling [Ch. 5].

- Ergodic Thm: For any $f: \Omega \rightarrow \mathbb{R}$ and an irreducible MC $\{X_t\}$, we have:

$$\forall \mu \in P, \quad \mathbb{P}_\mu \left(\lim_{t \rightarrow \infty} \frac{1}{t} \sum_{s=0}^{t-1} f(X_s) = \mathbb{E}_\pi[f] \right) = 1$$

where π is the stationary pmf.

Remark: Proof uses SLLN after partitioning MC into stopping time intervals.

- Contraction Properties: MC P with stationary dist. π

$$d(t) \triangleq \max_{x \in \Omega} \|P^t(x, \cdot) - \pi\|_{TV}$$

$$\bar{d}(t) \triangleq \max_{x, y \in \Omega} \|P^t(x, \cdot) - P^t(y, \cdot)\|_{TV} \quad \leftarrow \bar{d}(1) \text{ is the } \underline{\text{contraction coefficient}} \text{ for TV distance}$$

- $d(t) \leq \bar{d}(t) \leq 2d(t)$

- $\bar{d}(s+t) \leq \bar{d}(s)\bar{d}(t)$ [submultiplicative property]

- $d(t), \bar{d}(t)$ non-increasing in t [trivial from DPI]

- Exercises: [4.2 is real analysis, 4.4 is obvious from 4.3, 4.3 will be done more generally]

$$\boxed{4.1} \text{ Prop: } ① d(t) \triangleq \max_{x \in \Omega} \|\delta_x P^t - \pi\|_{TV} = \sup_{\mu \in \mathcal{P}} \|\mu P^t - \pi\|_{TV} \stackrel{[\star]}{=} \max_{\mu \in \mathcal{P}} \|\mu P^t - \pi\|_{TV}$$

$$② \bar{d}(t) \triangleq \max_{x, y \in \Omega} \|\delta_x P^t - \delta_y P^t\|_{TV} = \sup_{\mu, \nu \in \mathcal{P}} \|\mu P^t - \nu P^t\|_{TV} \stackrel{[\star]}{=} \max_{\mu, \nu \in \mathcal{P}} \|\mu P^t - \nu P^t\|_{TV}$$

Pf: $[\star]$ follows because \mathcal{P} is compact and $\mu \mapsto \|\mu P^t - \pi\|_{TV}$, $(\mu, \nu) \mapsto \|\mu P^t - \nu P^t\|_{TV}$ are continuous functions \Rightarrow use Extreme Value Theorem.

① (\leq) Obvious.

$$\geq \max_{\mu \in \mathcal{P}} \|\mu P^t - \pi\|_{TV} = \max_{\mu \in \mathcal{P}} \left\| \sum_{x \in \Omega} \mu(x) \delta_x P^t - \mu(\Omega) \pi \right\|_{TV} \stackrel{\substack{\text{Triangle} \\ \text{ineq.}}}{\leq} \max_{\mu \in \mathcal{P}} \sum_{x \in \Omega} \mu(x) \|\delta_x P^t - \pi\|_{TV}$$

$$\leq \max_{x \in \Omega} \|\delta_x P^t - \pi\|_{TV}.$$

② (\leq) Obvious.

$$\geq \forall \nu \in \mathcal{P}, \quad \max_{\mu \in \mathcal{P}} \|\mu P^t - \nu P^t\|_{TV} \leq \max_{x \in \Omega} \|\delta_x P^t - \nu P^t\|_{TV} \quad [\text{previous proof}]$$

$$\forall x \in \Omega, \quad \max_{\nu \in \mathcal{P}} \|\delta_x P^t - \nu P^t\|_{TV} \leq \max_{y \in \Omega} \|\delta_x P^t - \delta_y P^t\|_{TV} \quad [\text{previous proof}]$$

$$\Rightarrow \max_{\mu, \nu \in \mathcal{P}} \|\mu P^t - \nu P^t\|_{TV} \leq \max_{x \in \Omega} \|\delta_x P^t - \nu P^t\|_{TV} \leq \max_{x, y \in \Omega} \|\delta_x P^t - \delta_y P^t\|_{TV}. \quad \blacksquare$$

$$\boxed{4.5} \text{ Prop: Let } \mu_i \text{ and } \nu_i \text{ be measures on } \Omega_i \text{ (finite set) for } i=1, \dots, n.$$

$$\text{Define } \mu \triangleq \prod_{i=1}^n \mu_i, \quad \nu \triangleq \prod_{i=1}^n \nu_i \text{ on } \prod_{i=1}^n \Omega_i.$$

$$\text{Then, } \|\mu - \nu\|_{TV} \leq \sum_{i=1}^n \|\mu_i - \nu_i\|_{TV}.$$

Pf: Let (X_i, Y_i) be the optimal coupling of μ_i and ν_i s.t. $P_{X_i} = \mu_i$ and $P_{Y_i} = \nu_i$.

$$\text{Then, } \|\mu_i - \nu_i\|_{TV} = P(X_i \neq Y_i) \text{ for } i=1, \dots, n.$$

Let (X_i, Y_i) be independent for $i=1, \dots, n$, and let $X = X_1^n, Y = Y_1^n$.

(X, Y) is a coupling of μ and ν because $P_X = \mu$ and $P_Y = \nu$.

$$\text{Then, } \|\mu - \nu\|_{TV} \stackrel{\substack{\text{coupling} \\ \text{characterization}}}{\leq} \overline{P}(X \neq Y) = \overline{P}(\exists i \text{ s.t. } X_i \neq Y_i) \stackrel{\text{union}}{\leq} \sum_{i=1}^n \overline{P}(X_i \neq Y_i) = \sum_{i=1}^n \|\mu_i - \nu_i\|_{TV}. \quad \blacksquare$$

② Coefficients of Ergodicity:

- introduced in the context of convergence rates of finite inhomogeneous MCs
- ergodicity: long-term behaviour of products of stochastic matrices

• Weak Ergodicity: inhomogeneous MC

Let $\{S_k\}_{k=1}^{\infty}$ be a sequence of $n \times n$ row stochastic matrices, and $T^{(p,r)} \triangleq \prod_{i=1}^r S_i p^i$.

Def: (Kolmogorov) $\{S_k\}$ is weakly ergodic if $\forall i, j, s \in \{1, \dots, n\}$ and $p \geq 0$,

$$\lim_{r \rightarrow \infty} T_{is}^{(p,r)} - T_{js}^{(p,r)} = 0.$$

Remark: As no. of factors $\rightarrow \infty$, rows of product equalize and become indep. of initial pmf. Note that $T_{is}^{(p,r)}$ does not necessarily tend to a limit; $T_{is}^{(p,r)}$ is \approx rank 1 for larger r , but $T^{(p,r)}$ dep. on r .

Remark: If in addition, $\forall i, s \in \{1, \dots, n\}, p \geq 0$, $\lim_{r \rightarrow \infty} T^{(p,r)}$ exists, then $\{S_k\}_{k=1}^{\infty}$ is strongly ergodic. (Also, all rows tend to some π , and $\exists p$ s.t. $T^{(p,r)} \rightarrow 1\pi \Leftrightarrow \forall p \geq 0, T^{(p,r)} \rightarrow 1\pi$ for all ones col. vector)

• Contraction Coefficient:

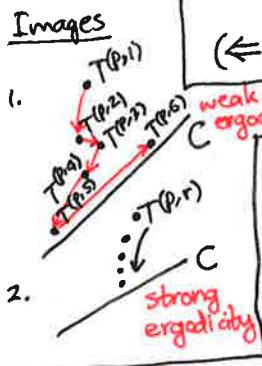
Def: A coefficient of ergodicity $\eta(\cdot)$ is a continuous function from stochastic matrices to $[0, 1]$. Such a coefficient is proper if $\eta(S) = 0 \Leftrightarrow S = 1_p$ for some pmf p (or equivalently, $\text{rank}(S) = 1$). \uparrow $n \times n$ stoch. matrix

Thm: $\{S_k\}_{k=1}^{\infty}$ is weakly ergodic if and only if $\forall p \geq 0, \lim_{r \rightarrow \infty} \eta(T^{(p,r)}) = 0$,

where $\eta(\cdot)$ is a proper coefficient of ergodicity.

Pf: (\Rightarrow) $\{S_k\}$ weakly ergodic $\Leftrightarrow T^{(p,r)}$ becomes rank 1 as $r \rightarrow \infty$ (but may not be fixed), $\forall p \geq 0$
 $\Rightarrow \eta(T^{(p,r)}) \rightarrow 0$ as $r \rightarrow \infty$, by continuity of $\eta(\cdot)$.

Images



Suppose $\forall p \geq 0, \lim_{r \rightarrow \infty} \eta(T^{(p,r)}) = 0$ and $\{S_k\}_{k=1}^{\infty}$ is not weakly ergodic.

Observe: Let $C = \{M \text{ } n \times n \text{ stochastic} \mid M = 1_p \text{ for some pmf } P\}$. Then,
 $\{S_k\}$ weakly ergodic $\Leftrightarrow \forall p \geq 0, \lim_{r \rightarrow \infty} \inf_{M \in C} \|M - T^{(p,r)}\|_{Fro} = 0$.
 $= \text{distance}(T^{(p,r)}, C)$

Hence, $\exists \{r_m\}$ subseq. of $\{r\}$, $\exists \varepsilon > 0$ s.t. $\inf_{M \in C} \|M - T^{(p,r_m)}\|_{Fro} > \varepsilon, \forall m$ [for some $p \geq 0$].

Since stochastic matrices are compact, $T^{(p,r_m)} \rightarrow P^*$ stochastic [where we may use a subsequence of $\{r_m\}$ if necessary by Bolzano-Weierstrass Thm].

So, $\eta(T^{(p,r_m)}) \rightarrow \eta(P^*)$ as $r_m \rightarrow \infty$ [continuity of η], and $\eta(T^{(p,r_m)}) \rightarrow 0$ as $r_m \rightarrow \infty$ by assumption. Hence, $\eta(P^*) = 0$ and $P^* \in C$, which is a contradiction. ◻

Remark: If $\{S_k\}$ is homogeneous with $S_k = S$, then it is weakly ergodic

if and only if $\lim_{r \rightarrow \infty} \eta(S^r) = 0$. Note: If $\eta(S) \leq \eta(S)^r$ [submultiplicative], then such convergence is easy to prove.

• Information Theoretic Examples:

Def: (Csiszár, Morimoto, Ali-Silvey) Given a convex function $f: \mathbb{PB}^+ \rightarrow \mathbb{PB}$ s.t. $f(1) = 0$ and $f(t)$ is strictly convex at $t=1$ (i.e. $\forall x \neq y$ s.t. $\lambda x + \bar{\lambda}y = 1$ for any $\lambda \in (0,1)$, $f(1) < \lambda f(x) + \bar{\lambda}f(y)$), $\forall \mu, \nu \in \mathbb{P}$, $D_f(\mu \parallel \nu) \triangleq \sum_{x \in \Omega} \nu(x) f\left(\frac{\mu(x)}{\nu(x)}\right)$ is the f -divergence between μ and ν .

Remark: $f(0) = \lim_{t \rightarrow 0^+} f(t)$, $D_f(\frac{0}{0}) = 0$, $D_f(\frac{r}{0}) = \lim_{s \rightarrow 0^+} sf\left(\frac{r}{s}\right) = r \lim_{s \rightarrow 0^+} sf\left(\frac{1}{s}\right)$, $\forall r > 0$.

- Examples:
- ① $f(t) = t \log(t) \rightarrow$ KL divergence
 - ② $f(t) = t^2 - 1 \rightarrow \chi^2$ -divergence
 - ③ $f(t) = \frac{1}{2}|t - 1| \rightarrow$ total variation distance

Properties: ① [Non-negativity] $\forall \mu, \nu \in \mathbb{P}$, $D_f(\mu \parallel \nu) \geq 0$ with equality iff $\mu = \nu$.

② [Joint Convexity] $(\mu, \nu) \mapsto D_f(\mu \parallel \nu)$ is jointly convex.

Exercise 4.3 → ③ [Data Processing Inequality] $\forall \mu, \nu \in \mathbb{P}$, $D_f(\mu P \parallel \nu P) \leq D_f(\mu \parallel \nu)$ for stochastic matrix P .
 $f(t) = \frac{1}{2}|t - 1|$

Proof:

Lemma: (Perspective Function) $f: \mathbb{PB} \rightarrow \mathbb{PB}$, $f(p)$ convex $\Leftrightarrow \underset{p \in \mathbb{PB}, q \in \mathbb{PB}^+}{q f\left(\frac{p}{q}\right)}$ convex.

Pf: (\Leftarrow) Set $q = 1$.

(\Rightarrow) Fix $\lambda \in [0, 1]$, $\bar{\lambda} \triangleq 1 - \lambda$. Observe that:

$$\begin{aligned} (\lambda q_1 + \bar{\lambda} q_2) f\left(\frac{\lambda p_1 + \bar{\lambda} p_2}{\lambda q_1 + \bar{\lambda} q_2}\right) &= (\lambda q_1 + \bar{\lambda} q_2) f\left(\frac{\lambda q_1 \cdot \frac{p_1}{q_1} + \bar{\lambda} q_2 \cdot \frac{p_2}{q_2}}{\lambda q_1 + \bar{\lambda} q_2} + \frac{\bar{\lambda} q_2}{\lambda q_1 + \bar{\lambda} q_2} \cdot \frac{p_2}{q_2}\right) \\ &\leq \lambda q_1 f\left(\frac{p_1}{q_1}\right) + \bar{\lambda} q_2 f\left(\frac{p_2}{q_2}\right) \quad [f \text{ convex}] \end{aligned}$$

① $\sum_{x \in \Omega} \nu(x) f\left(\frac{\mu(x)}{\nu(x)}\right) \stackrel{\substack{\text{Jensen's} \\ \text{Inequality}}}{\geq} f\left(\sum_{x \in \Omega} \mu(x)\right) = 0$ with equality iff $\mu = \nu$.

② Obvious from Lemma.

③ Fix $y \in \Omega$ and let $Z(y) \triangleq \sum_{x \in \Omega} P(x, y)$. Observe that:

$$\begin{aligned} &\underbrace{\sum_{x \in \Omega} \nu(x) \frac{P(x, y)}{Z(y)}}_{(\nu P)(y)} f\left(\frac{\sum_{x \in \Omega} \mu(x) \frac{P(x, y)}{Z(y)}}{\sum_{x \in \Omega} \nu(x) \frac{P(x, y)}{Z(y)}}\right) \leq \sum_{x \in \Omega} \frac{P(x, y)}{Z(y)} \nu(x) f\left(\frac{\mu(x)}{\nu(x)}\right) \quad [\text{from Lemma}] \\ &\Rightarrow \underbrace{\sum_{y \in \Omega} (\nu P)(y) f\left(\frac{(\mu P)(y)}{(\nu P)(y)}\right)}_{D_f(\mu P \parallel \nu P)} \leq \underbrace{\sum_{x \in \Omega} \nu(x) f\left(\frac{\mu(x)}{\nu(x)}\right)}_{D_f(\mu \parallel \nu)} \end{aligned}$$

↗ $\sum_{y \in \Omega}$ on both sides

Def: (Contraction Coefficient) For a stochastic matrix P , we define:

$$\eta_f(P) \triangleq \sup_{\mu, \nu \in P} \frac{D_f(\mu P \| \nu P)}{D_f(\mu \| \nu)}$$

$\mu, \nu \in P$
 $0 < D_f(\mu \| \nu) < \infty$

measure ergodicity wrt $D_f(\cdot \| \cdot)$

$$D_f(\mu P \| \nu P) \leq \eta_f(P) D_f(\mu \| \nu).$$

This gives strong data processing inequalities: $\forall \mu, \nu \in P$,

Thm: $\eta_f(\cdot)$ satisfies the following:

① $0 \leq \eta_f(P) \leq 1$ *

② $P \mapsto \eta_f(P)$ is convex,

③ $P \mapsto \eta_f(P)$ is continuous on the interior of all stochastic matrices,

④ $\eta_f(P) = 0 \iff \text{rank}(P) = 1$. [$\Leftrightarrow P = 1\pi$ for some $\pi \in P$]

* $\Rightarrow \eta_f(\cdot)$ is a proper coefficient of ergodicity

↑ corresponds to independence of X and Y if $P_{yx} = P_{yy}$

Pf: ① Obvious from DPI and non-negativity of $D_f(\cdot \| \cdot)$.

② Fix $\mu, \nu \in P$ s.t. $0 < D_f(\mu \| \nu) < \infty$. Then, $P \mapsto \frac{D_f(\mu P \| \nu P)}{D_f(\mu \| \nu)}$ is convex in P as $D_f(\cdot \| \cdot)$

is jointly convex. Since $P \mapsto \eta_f(P)$ is a pointwise supremum of convex functionals,
(on a convex compact set)

it is convex.

③ Every convex function is continuous on the interior of its domain (use ②).

④ (\Leftarrow) $P = 1\pi \Rightarrow \mu P = \nu P = \pi \Rightarrow D_f(\mu P \| \nu P) = 0, \forall \mu, \nu \in P \Rightarrow \eta_f(P) = 0$.

(\Rightarrow) $\eta_f(P) = 0 \Rightarrow \forall \mu, \nu \in P \text{ s.t. } 0 < D_f(\mu \| \nu) < \infty, D_f(\mu P \| \nu P) = 0$

$\Leftrightarrow \forall \mu, \nu \in P \text{ s.t. } 0 < D_f(\mu \| \nu) < \infty, \mu P = \nu P$

$\Rightarrow \forall \mu, \nu \in \text{relint}(P), (\mu - \nu)P = 0$

(For any $v \perp 1$, $\exists c \neq 0$ s.t. $\mu + cv = \nu \in \text{relint}(P)$ where $\mu \in \text{relint}(P)$. So, $\forall v \perp 1, \exists c \neq 0$ s.t.

$v = c(\mu - \nu)$ for $\mu, \nu \in \text{relint}(P)$.)

$\Rightarrow \forall v \perp 1, vP = 0$, i.e. $\text{leftnull}(P) = \{v \in \mathbb{R}^n : v^T 1 = 0\}$ and $\text{nullity}(P) = n-1$

$\Rightarrow \text{rank}(P) = 1$.

■

③ Doeblin Minorization: [See proof of Convergence Thm in Ch. 4.]

• Doeblin minorization condition: A Markov matrix P satisfies the minorization condition

if $\exists \theta \in (0, 1)$, $\exists \pi \in P$ s.t. $P \geq \bar{\theta} 1\pi$ entrywise. [$\bar{\theta} \triangleq 1 - \theta$]

col. vec ↑ row vec.

minorization constant

Thm: If P satisfies Doeblin minorization, then $\eta_f(P) \leq \theta$.

Pf: P satisfies minorization $\Rightarrow \hat{P} \triangleq \frac{P - \bar{\theta} 1\pi}{\theta}$ is a valid stochastic matrix.

Let E_θ denote the stochastic matrix of an erasure channel with prob. $\bar{\theta}$ of erasure.

Then, $P = \underbrace{\begin{bmatrix} \theta & 0 & 0 & \dots & 0 \\ 0 & \theta & 0 & \dots & 0 \\ 0 & 0 & \theta & \dots & 0 \\ \vdots & \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & 0 & \dots & \theta \end{bmatrix}}_{E_\theta} \cdot \underbrace{\begin{bmatrix} \bar{\theta} \\ \vdots \\ \bar{\theta} \\ \vdots \\ \bar{\theta} \end{bmatrix}}_T = E_\theta T.$

Observe that: $\forall \mu, \nu \in P, D_f(\mu P \| \nu P) = D_f(\mu E_\theta T \| \nu E_\theta T) \stackrel{\text{DPI}}{\leq} D_f(\mu E_\theta \| \nu E_\theta) = D_f(\theta \mu + \bar{\theta} \bar{\theta} \pi \| \theta \nu + \bar{\theta} \bar{\theta} \pi) \leq \theta D_f(\mu \| \nu)$

↑ proves on $\Omega \cup \{e\}$
↑ convexity

■

④ Dobrushin Contraction Coefficient:

- $\eta_f(P)$ for $f(t) = \frac{1}{2} |t - 1|$ is the contraction coefficient for total variation distance.

Def: (Dobrushin Coefficient) For a MC P , $\eta_{TV}(P) \triangleq \sup_{\substack{\mu, \nu \in P \\ \mu \neq \nu}} \frac{\|\mu P - \nu P\|_{TV}}{\|\mu - \nu\|_{TV}}$. can replace with ℓ_1 -norm

$$\text{Prop: (Various Representations)} \quad \eta_{TV}(P) = \max_{\substack{v: \|v\|_1=1 \\ \text{row vector}}} \|vP\|_1 = \max_{x, y \in \Omega} \|P(x, \cdot) - P(y, \cdot)\|_{TV} = 1 - \min_{x, y \in \Omega} \sum_{z \in \Omega} \min\{P_{xz}, P_{yz}\}$$

Remark: $\eta_{TV}(P^t) = \bar{d}(t)$ [from Ch. 4].

Thm: (Properties of $\eta_{TV}(\cdot)$)

① $\forall P$, $\eta_{TV}(P) \geq \eta_f(P)$ [Cohen, Kempermann, Zăganu]

② (Lipschitz continuity) $\forall P_1, P_2$, $|\eta_{TV}(P_1) - \eta_{TV}(P_2)| \leq \|P_1 - P_2\|_\infty$

③ (Subdominant Eigenvalue Bound) $|\lambda| \leq \eta_{TV}(P)$ for all eigenvalues $\lambda \neq 1$ of P [Bauer, Deutscher, Stoer]

④ (Submultiplicative Property) $\eta_{TV}(P_1 P_2) \leq \eta_{TV}(P_1) \eta_{TV}(P_2)$ [Dobrushin] generalizes sub-mut prop of $\bar{d}(\cdot)$ in Ch. 4.

Pf: ② WLOG let $\eta_{TV}(P_1) \geq \eta_{TV}(P_2)$. Also, let $\eta_{TV}(P_1) = \|vP_1\|_1$ for some $v^T 1 = 1$, $\|v\|_1 = 1$.
 $\Rightarrow 0 \leq \|vP_1\|_1 - \max_{\substack{z: \|z\|_1=1 \\ z^T 1}} \|zP_2\|_1 \leq \|vP_1\|_1 - \underbrace{\|vP_2\|_1}_{\|vP_2\|_1 \leq \eta_{TV}(P_2)} \leq \|v(P_1 - P_2)\|_1 = \|(P_1^T - P_2^T)v^T\|_1 \leq \|P_1^T - P_2^T\|_\infty = \|P_1 - P_2\|_\infty$.

③ (Real subdominant eigenvalue case) If $\lambda \neq 1$ is an eigenvalue of P , then $xP = \lambda x$ for some row vector x . Since $P^T 1 = 1^T$, $x^T 1$ (left and right evecs corresp. to distinct evals are \perp). Let $\|x\|_1 = 1$. Then, we have:

$$|\lambda| = |\lambda| \|x\|_1 = \|xP\|_1 \leq \max_{\substack{v: \|v\|_1=1 \\ v^T 1}} \|vP\|_1 = \eta_{TV}(P).$$

④ Let $\eta_{TV}(P_1 P_2) = \|xP_1 P_2\|_1$ for some row vector x s.t. $\|x\|_1 = 1$ and $x^T 1 = 1$.

$$\text{Let } y = \frac{xP_1}{\|xP_1\|_1} \Rightarrow \|y\|_1 = 1 \text{ and } y^T 1 = \frac{x^T 1}{\|xP_1\|_1} = 0, \text{ i.e. } y^T 1 = 0.$$

$$\Rightarrow \eta_{TV}(P_1 P_2) = \|xP_1 P_2\|_1 = \|\|xP_1\|_1 y P_2\|_1 = \|xP_1\|_1 \|y P_2\|_1 \leq \eta_{TV}(P_1) \eta_{TV}(P_2).$$

□

Remark: ① and ② show why $\eta_{TV}(\cdot)$ is useful. The second largest eigenvalue modulus (SLEM) controls the rate of convergence to stationarity, but it is not sub-multiplicative. $\eta_{TV}(\cdot)$ bounds SLEM and allows convergence analysis as it is sub-multiplicative.

⑤ References :

1. "Markov Chains and Mixing Times" by Levin, Peres, and Wilmer [Ch. 4].
2. "Stochastic Matrices: Ergodicity Coefficients, and Applications to Ranking" by S.T. Margaret [Ch. 3].
3. "Non-negative Matrices and Markov Chains" by Seneta [Ch. 3 & 4]
4. "Coefficients of Ergodicity: Structure and Applications" by Seneta.
5. "Strong Data Processing Inequalities and Φ -Sobolev Inequalities for Discrete Channels" by Raginsky.